



How to Pray the Rosary:

1. Make the Sign of the Cross with the crucifix of the rosary.
2. Say the "*Apostles' Creed*"
 - I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descending into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen
3. On the first bead from the crucifix, say one "*Our Father*".
4. On the second, third and fourth bead, say the "*Hail Mary*".
5. On the fifth bead, Say one "*Glory be to the Father*".

For each of the 5 decades:

6. Announce the Mystery
7. On the large bead before each decade, say one "*Our Father*".
8. On each of the 10 beads in the decade, say the "*Hail Mary*", while meditating on the Mystery
9. Say one "*Glory Be to the Father*".

After Each Decade:

10. Say one "*Oh my Jesus*"
 - Oh my Jesus forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those most in need of your mercy.

After the last decade:

11. Say the "*Hail Holy Queen*".
 - Hail, holy Queen, Mother of Mercy. Our life, our sweetness and our hope. To you we cry poor banished children of Eve, to you we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious

advocate, you eyes towards us and after this, our exile, show us the blessed fruits of your womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God. That we may be made worthy of the promises of Christ.

Concluding Prayer:

12. Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the most holy, Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through he same Christ Our Lord, Amen.

The Mysteries of the Rosary:

Joyful Mysteries - Monday and Saturday

1. The Annunciation – Humility
2. The Visitation – Love of Neighbor
3. The Birth of Jesus – Poverty
4. The Presentation – Obedience
5. The Finding of the Child Jesus in the Temple – Joy in Finding Jesus

Sorrowful Mysteries – Tuesday and Friday

1. The Agony in the Garden – Sorrowful Sin
2. The Scourging at the Pillar – Purity
3. The Crowning of Thorns – Courage
4. The Carrying of the Cross – Patience
5. The Crucifixion – Perseverance

Glorious Mysteries – Sunday and Wednesday

1. The Resurrection – Faith
2. The Ascension – Hope
3. The Descent of the Holy Spirit – Love of God
4. The Assumption of Mary – Grace of a Happy Death
5. The Coronation of Mary – Trust in Mary's Intercession

Luminous Mysteries – Thursday

1. Baptism of Jesus – Openness to the Holy Spirit
2. The Wedding at Cana – Jesus Through Mary
3. Proclaiming the Kingdom of God – Repentance and Trust in God
4. The Transfiguration of Jesus – Desire for Holiness
5. The Institution of the Eucharist - Adoration